

Adult / Teen Taekwondo Schedule

Ages 13 on up

Eastern Defensive Arts Academy
 2089 Quaker Pointe Drive
 Quakertown, PA 18951
 215-536-8474

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intermediate 6:30 - 7:30 pm	Beginner 6:30 - 7:30 pm	Intermediate 6:30 - 7:30 pm	Black Belt 6:30 - 7:30 pm	Mixed Yellow - Black 6:30 - 7:30 pm	Mixed Yellow - Black 11 am - 12 noon
Advanced 7:30 - 8:30 pm	Black Belt 7:30 - 8:30 pm	Advanced 7:30 - 8:30 pm	Beginner 7:30 - 8:30 pm		
	Focus on Forms 5:30 - 6:30 pm Room II		Sparring Skills Adv Yellow – Black 7:30—8:30 pm Room II		

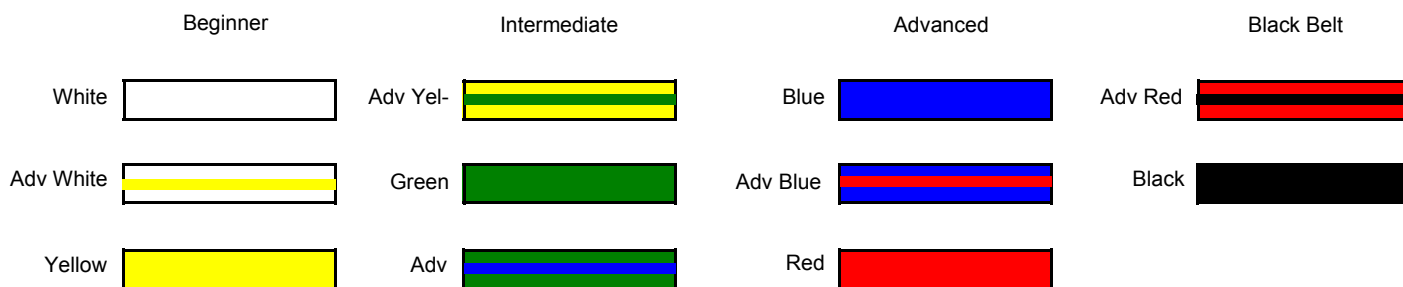
Class Levels

Beginner Class: White, Advanced White and Yellow Belt.

Intermediate Class: Advanced Yellow, Green, Advanced Green Belt.

Advanced Class: Blue, Advanced Blue, Red Belt.

Black Belt Class: Advanced Red and Black Belt.



For terminology, history, forms, scheduling and the latest news,
 visit our website at
www.edatkd.com